



FUNCTIONAL INTEGRATED NEEDLING FOR PAIN MANAGEMENT

Register now at: www.DryNeedling.ca

Presented by: Dr. Mark Scappaticci



WHY THIS TRAINING PROGRAM?

Dr. Scappaticci, founder of the FIT Institute, has developed a unique, contemporary pain management approach using dry needling, called Functional Integrated Needling. The Functional Integrated Needling for Pain Management training program takes the best of various dry needling modalities and combines them with key lessons and findings derived from Dr. Scappaticci's 20+ years of clinical experience in the management and treatment of chronic pain and sports injuries. Participation in this training will allow health care providers, without prior needling experience, to be able to safely and confidently insert needles for management of painful MSK conditions in all regions of the body.

WHAT IS DRY NEEDLING AND WHAT ARE THE POTENTIAL BENEFITS?

Dry needling, also known as intramuscular therapy, is the use of solid filiform needles for the treatment of musculo-skeletal pain and soft tissue dysfunction. The insertion of needles into specific targets helps to increase local blood flow to tissue and relax muscle tension. Dry needling can also stimulate endorphin release, the body's natural pain relieving chemical. Dry needling is a very effective modality in treating a variety of painful disorders, both acute and chronic.



The purpose of the Functional Integrated Needling for Pain Management program is to develop the knowledge and clinical skills required to effectively assess and treat painful neuromuscular conditions in any region of the body. The dry needling approach taught in this program integrates and improves upon older, traditional treatment approaches to create an assessment and treatment system that is effective and easy to learn.

FORMAT

The program involves 25 hours of intensive, classroom-based practical learning including several mastery evaluation sessions, which are intended to provide feedback to participants regarding their mastery of key concepts and techniques. These mastery sessions and extensive lab practice sessions will allow participants to practice and receive thorough and personalized feedback and instruction.



Participants will be able to immediately integrate Functional Integrated Needling techniques into their clinical practice after one weekend of training and will be able to:

- Use Dr. Scappaticci's unique method of Functional Integrated Needling
- Understand how Functional Integrated Needling works and how it controls pain
- Use Dr. Scappaticci's assessment system to help accurately determine treatment plans
- Locate targets used to effectively manage painful conditions in all regions of the body
- Safely and painlessly insert needles using Functional Integrated Needling insertion techniques



ABOUT DR. MARK SCAPPATICCI

Dr. Scappaticci, DC, BSc (Hons), DAp, FRCCSS(c), CKTI is the originator of Functional Integrated Therapy an innovative and highly successful approach used to manage injuries and enhance athletic performance. He manages recovery and performance optimization for top professional and amateur athletes from around the world.

The list of athletes he has treated includes top performers from players in the National Hockey League, the Major League Baseball, the National Football League, the National Basketball Association, the Canadian Football League as well as Olympic and World Championship track and field athletes. Dr. Scappaticci is a doctor of Chiropractic with a fellowship in Chiropractic Sports Sciences, a Lead instructor of Active Release Techniques, director of the Functional Integrated Needling program, past certified Kinesio Taping Instructor, as well as being the inventor of the Fascial Abrasion Technique Tool.

COURSE OUTLINE

Introduction

- Overview of Functional Integrated Needling System

The Mechanics of Pain

- Neurophysiological explanation of nociception

What is Functional Integrated Needling?

- Description of needling modalities

Mechanisms of Dry Needling

- Local and central effects

Safety Issues and Possible Reactions

- Overview of most common safety issues and relation to prevention and clinical practices
- Contraindications

Needling Techniques and Etiquette

- Review of proper needle handling and clean needling insertion techniques

Palpation and Needle Insertion Practice

- Trigger point palpation and needle insertion practice

Homeostasis Location and Needle Practice

- Peripheral nerve target location and insertion

Paravertebral Needling

- Needle insertion at lumbar region

Trigger Point Needling: Location and Insertion Practice

- Face • TMJ • Neck • Shoulder • Low back • Hip • Knee • Ankle • Foot

Course Review and Learner Testing/Final Examination

CONTINUING EDUCATION CREDITS*

Chiropractors

Continuing education credit (CE) is provided by New York Chiropractic College (NYCC)**

Physiotherapists/Physiotherapist Assistants

This course has been approved by the Texas Physical Therapy Examiners as meeting continuing competence requirements for PTs and PTAs

Massage Therapists

This course has been approved by the Quality Assurance Program (QAP) of the College of Massage Therapists of Ontario for 12.5 Continuing Education Units



Disclaimers:

* Please note it is your responsibility to check with your licensing board to make sure you can use the techniques presented in this seminar.

** License Renewal: While applications relating to credit hours for license renewal in selected states have been executed for these programs, it remains attendees' responsibility to contact the state board(s) from whom they seek continuing education credits for purposes of ensuring said board(s) approve both venue and content as they relate to any seminar/course/lecture/webinar /online presentation (event). Neither a speaker's or exhibitor's presence at said event, nor product mention or display, shall in any way constitute NYCC endorsement. NYCC's role is strictly limited to processing, submitting, and archiving program documents on behalf of course sponsors.